

Equine Nutrition Seminar

with

Carol Layton B.Sc M.Ed



Saturday February 23rd, at Mountainside Retreat
13185 Highland Lakes Road, Golden Valley
9am for 9.30am start.

Topics covered:

- Basic equine digestion
- Nutrients: protein, fats, carbohydrates, minerals, vitamins and electrolytes
- Feeding for hoof health
- Understanding pasture and hay and the nutrition they provide – it's not just roughage
- Who are the NRC
- Limitations of soil, blood and hair testing
- Pasture and hay testing
- How to decipher a feed tag and supplement label
- Understanding common causes of laminitis; insulin resistance and hindgut carbohydrate overload
- PPID/Cushings horses

The day will be broken into 2 sessions:

- *Morning - will cover the topics above*
- *Afternoon – Carol will take questions from the audience*

COST: \$25

BYO Lunch, morning tea available for purchase.

Contact Leigh Martin for more information and registration

0410 55 99 28 performancehoofcare@yahoo.com.au

Carol Layton – BSc M.Ed:

Carol is Co-Director of The Balanced Equine and an Independent Equine Nutritionist. With a science and technology background she has been described by her mentor Dr Eleanor Kellon VMD, as "a gung ho nutrition addict". A love of learning and teaching, and her participation in the sport of endurance drives her quest to understand the science of equine nutrition and to share her knowledge with others www.balancedequine.com.au

Carol is a keen and successful endurance rider and together with trimmer Rob Howden run Balanced Equine Nutrition and Hoofcare. Her horse, Omani Mr Sqiggle was the 2009 National Points and Distance horse for her weight division. Together they have completed the 400 km marathon, Shahzada three times and many 80 and 160 km State Championship and Tom Quilty rides along with numerous best conditioned awards. The Big 3 Award comprising NSW State Championship, Shahzada and Tom Quilty was achieved in 2010.

