



Tasmanian Equine Endurance Riders Association

TPR COURSE

What

TEERA members are invited to attend a TPR (temperature, pulse and respiration) course on **Sunday 3rd April 2011 at 10am**. Endurance vet, Debbie Grull, will present the course, which will take around 3 hours. Morning tea provided, you'll need to BYO lunch.

Why

The rules of endurance riding place emphasis on recovery heart rates of horses. If a horse fails to meet the official cut-off recovery heart rate limit it is eliminated from the competition. Endurance horse owners and riders should therefore be well educated in using recovery heart rate to monitor the fitness and well-being of their horse. In addition respiratory rates and temperature are also recorded pre-ride as an additional parameter to monitor the health of horses entering rides.

It's always worth getting a bird's eye view of the vet ring, where you might just learn a few things about presenting your own horse better.

In addition once you qualify and work as a TPR steward, you can apply for a \$50 discount in your membership! To be eligible for the membership discount you must TPR at 3 rides full time or 6 rides half time.

Where

The course will be held at Highland View Arabians, 1040 Staverton Road Staverton 7306, which is Dennis Foley's property, about 15 km from Sheffield.

Suitable horses will be made available on the day to practice on. If you wish to bring your own horse please phone Debbie in advance. For those interested, there may be an informal trail ride at the completion of the course.

How much?

Free! A small TPR booklet will be provided

Sign up

The minimum age for a TPR steward is 18 years. Juniors may attend if they wish to gain benefit from learning to monitor their horses. If you are interested in attending, please email **Debbie Grull**: debra.grull@dpipwe.tas.gov.au or telephone **(BH) 03 6421 7641**.